MEASURE WELL FOR THE RIGHT FIT

With the Thirtyfour® size chart you determine which size you need based on your own body measurements. All you need is a measuring tape with which you measure the waist, chest circumference or length of your body. We use a universal size for all outerwear, if you have size M in a sweater, you can also use this size for a T-shirt or jacket. When in doubt, choose a size larger.

THE BEST WAY TO GET PERFECTLY SUITABLE CLOTHING IS TRULY FIT!

IMPORTANT MEASURING TIPS
1. Ask someone else to take your measurements.
2. Take your measurements with tight undergarments on.
3. Measure close to / around your body, but without pulling the tape measure so tight that it "cuts" into your body.
4. When measuring the inside of your leg, make sure the tape measure is tight.

A. Body length
Top of the head to the sole of the foot

B. Chest
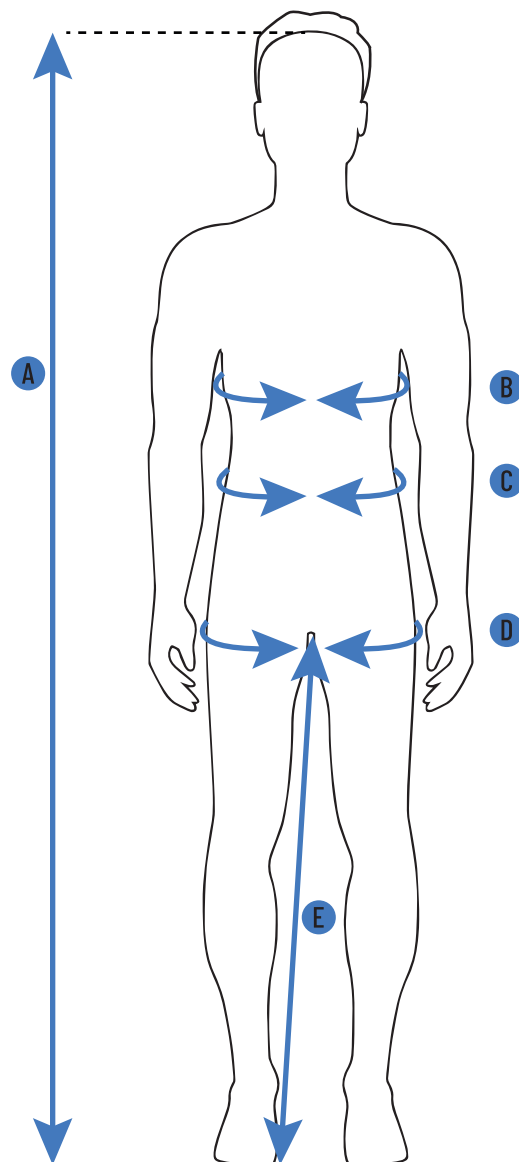Chest width, horizontal at the widest point.

C. Waist
Waist width, horizontal at the level of the navel.
Important measure for workers

D. Hips
Hip width, horizontally at the widest point.

E. Innerleg
Kruis tot de voetzool. Een zeer belangrijke maat die ervoor zorgt dat de kniebeschermers op de juiste hoogte komen te zitten.

thirtyfour®
customized workwear

CHOOSING THE CORRECT SIZE

ALL MEASUREMENTS ARE BODY MEASUREMENTS

Jacks

B CHEST	CM	86	92	98	104	110	116	122	128	134
C WAIS	CM	76	82	89	94	100	106	112	118	124
	CM	YOUR SIZE:								
Regular body length		XS	S	M	L	XL	2XL	3XL	4XL	5XL

Workers

C WAIST	CM	68	74	80	86	92	98	104	110	116	122	128
D HIPS	CM	82	88	94	100	106	112	118	124	130	136	142
E INNERLEG LENGTH	CM	YOUR SIZE:										
Regular innerleg length	81-86	44	46	48	50	52	54	56	58	60	62	64
Long innerleg length	87-91	144	146	148	150	152	154	156	158	160	162	164